

HISTORY OF SPORTS ACHEIVEMENTS

Pentland Shield by our Hockey team while Sri. M. S. Sundaram was the captain was a celebrated victory during that time. The first Physical Director was Sri. A. V. Desikachari, the senior tutor in English, who completed his Diploma Course in Physical Education at Y. M. C. A. School of Physical Education, Saidapet, Madras. He was the Physical Director of the college from 1930 to 1954. Our players became the Volley Ball champions in the tournaments conducted by the Tiruchy District Athletic Association for 1950-51 and 1951-52 successively

Playgrounds were leased in the olden days but with the shifting of campus to the present location the college acquired the current playground which can accommodate 600-700 players at a time. In July 1959 a football field, a hockey field, a cricket pitch, two tennis courts, two basketball courts and six volleyball courts were laid. The first Inter-Collegiate Sports meet in our college ground was held in November 1959. The University Inter-Collegiate Divisional Sports was conducted in 1960-61 in our college. Two of our players Messrs M. S. Venkatesan and M. S. Balasubramanian had the privilege of representing All District Cricket XI and the Madras University Cricket Team from our college for the years 1959-60 and 1961-62 respectively.

In 1961-62 our Cricket team was adjudged second in the District. Mr. Mohamed Ali of our college bagged the University Championship in the Inter-Collegiate Divisional Tennis Tournament conducted by the University of Madras for two years. He was also the runner-up in the Inter-Divisional Tennis Tournament held at Madras.

SPORTS ACHEIVEMENTS – 2024



National College's exceptional performance at the Bharathidasan University Intercollegiate Sports and Tournaments, marked by new meet records. The college's athletes excelled in both track and field, with standout performances in the 100 meters, 200 meters, 800 mts, 110 meters Hurdles, 400mts Hurdles, 20km Race Walk and the men's 4x100 meters relay, where they broke previous records. In field and combined events, competitors in decathlon and High Jump also set new benchmarks.

MEDALS

Year	International	National	State	Interuniversity	Inter Collegiate	District
2016 - 2017	-	12	02	-	12	-
2017 - 2018	01	05	14	05	02	01
2018 - 2019	-	04	03	07	06	-
2019 - 2020	-	01	-	-	02	-
2021 - 2022	01	-	08	-	03	-
2022 - 2023	-	02	02	-	02	-
2023 - 2024	-	02	03	-	04	-
TOTAL	02	26	32	12	31	01



S.NO	EVENTS	NAME	Year	Performance
1	200 Mts	Ms. Akshya Shree. B	2022	24.9 Sec.
2	400 Mts	Ms. Akshya Shree. B	2022	54.3 Sec.
3	400 Mts	Mr. Santhosh Kumar	2016	48.5 Sec.
3	800 Mts	Ms. Swathi. R	2022	2.12.9 Sec.
4	4 x 100 Mts. Relay	National College Team	2022	4.06.7 Sec.
5	20 Km Race Walk	Ms. Saranya	2022	2.33.00 Sec.
6	4 x 100 Mts	National College Team	2021	50.40 Sec.
7	4 x 400 Mts	National College Team	2021	4.07.20 Sec.
8	100 Mts H.	Mr. Ranjane. G	2018	14.3 Sec.
9	110 Mts. H	Mr. Mothi Arun	2016	14.8 Sec.
10	110 Mts. H	Mr. Simma Sandeep	2018	14.8 Sec
11	400 Mts H	Ms. Kester Elwin Abishek	2018	52.6 Sec.
12	Long Jump	Mr. Jagatesh	2018	7.30 Mts
13	High Jump	Mr. Mothi Arun	2016	2.05 Mts
14	High Jump	Mr. Veeramani	2018	2.05 Mts
15	Decathlon	Mr. Rajesh. P	2016	6044 Points



National College emerged as a dominant force in the Bharathidasan University intercollegiate sports and games competitions, securing an impressive number of trophies.

CRICKET CHAMPIONSHIP

**Bharathidasan University
Cricket Championship**

Hearty Congratulations

We are very glad and proud to inform you all that the National College Cricket Team has won the title of Bharathidasan University Championship by defeating Udc College, Bishop Heber College, St. Josephs College, Tvk Govt College Nagapattinam, and Tanjore Sarabooji College.



NATIONAL COLLEGE

(Autonomous)

Tiruchirappalli, Tamilnadu, India - 620001

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Runners-Up KABADDI

With great pleasure, I inform you that our college **WOMEN'S KABADDI TEAM** finished second in the district-level Muthamizh Arignar Kalaignar Centenary Kabbadi Tournament, held on January 5, 2024, under the Aegis of the SDAT, Trichy.



Runners WOMEN HANDBALL

I am happy to inform you all that our college **Women Handball team** secured Runners Positions at the Bharathidasan University Inter-Collegiate tournament held at Indira Gandhi College, Trichy.

National College TRIUMPHS Bharathidasan University Championship



We are happy to inform you that National College Trichy has Won the overall athletics champion 2024 at Bharathidasan University Athletic Meet.

With 959 points our MA English student **Miss.Akshayasree** was chosen as Bharathidasan University's Outstanding Athlete.

This is the fifth time that the title has been secured.

SPORTS ACHEIVEMENTS – 2023

NEW MEET RECORD



Dear Friends,

Our college woman's athlete team has set a new meet record in the event of 4x400-meter runs with a timing of 4.03.90 seconds in Bharathidasan University Athletic Meet 2023 and they have broken their own records. The athletes are R.Swathi, E.Nivetha, J.Maria Dharshini and B.Akshaya.

HEARTY CONGRATULATIONS



Dear friends,

We are delighted to share with you the news that Mr. Annand, a first-year BSC Computer Science student, won the gold medal at the Bharathidasan University Intercollegiate Archery Championship, which took place in Karur.

August 23, 2023



Our Physical Education students from both genders took home 32 medals in a variety of categories at the shooting competition organized by the Tamil Nadu shooting association in Redhills.

August 17, 2023

Mr. Dinesh, a former student of ours majoring in physical education from 2015 to 2018, is currently employed as a police constable in Greater Chennai AR. He competed in the international police athletic meet in Canada and won gold in the triple jump and silver in the long jump. His training at National College is really significant.



August 16, 2023

During the World Police Athletic Meet in Canada, our PhD Scholar A Mayilvaganan Sp Anticorruption and Vigilance won three medals in the track and field competition. Congratulations on your future ambitions; he began his athletic career at our college's athletic track. He is soon to likely complete his PhD Desertation On A Novel Fitness Module for Police Personnel.



July 17, 2023

At the chief minister's State athletic meet, which was held in Chennai, AkshayaSree of the first MA English won the 400 metre race and a cash prize of one lakh. She was earlier chosen as our Bharathidasan University's top athlete. In the days to come, we hope she will reach new heights.



July 16, 2023

Mr. Ebenezar, a student in second-year physical education, is representing Tamil Nadu. He competed against Delhi's Naveen Misra, defeating him in the opening round. He won the 60 kg division with a knockout strike from his tremendous blow.



January 27, 2023

The National College Cricket Team created a new benchmark in the Bharathidasan University intercollegiate cricket tournament by winning over St. Joseph's College in Trichy, JJ College of Arts and Science in Pudukottai, and TvKGovt Arts College in Thiruvavur with a huge margin. Our victory is dedicated to our college secretary, K Raghunathan, for extending all support. My sincere appreciation goes to our fitness trainer, K Prasanth (Jaddu).



January 11, 2023



Winners 2023
Bharathidasan University Inter Collegiate
Ball Badminton Tournament

SPORTS ACHEIVEMENTS - 2022

December 18, 2022

National College's women's athletic team clinches Bharathidasan University's championship in style. We have secured eight gold, five silver, and two bronze medals out of 24 events among more than 100 colleges, nearly 1480 participants. A special mention should be made that our college girls have created five new meet records. Thanks to our college secretary for his unstinted support for the glory.



October 20, 2022



August 22, 2022

Our second year BSC Physical Education Student Mr S Suthirwon the Championship Title in the junior National Fistball Tournament Organised by Punjab Fistball Association at Ludhiana.



September 09, 2022

A congratulatory poster for National College (Autonomous). The poster has a light blue background. At the top left is the college's logo, which includes the text 'विद्या या विमुक्तये' and 'NATIONAL COLLEGE TRICHINOPOLY ESTD. 1919'. To the right of the logo, the text reads 'National College (Autonomous)', 'Nationally Re-accredited at 'A+' Grade by NAAC, College with Potential for Excellence', and 'Trichirappalli - 620 001'. At the top right is a '100' anniversary logo. The main heading is 'Hearty Congratulations' in large, bold, red letters. Below this, the text reads: 'Our III B.A English student, Mrs. B. Akshyasree won the gold medal in 400mts, at 35th junior open state level Championship in Krishnagiri. She will represent Tamilnadu State in the South Zone Junior Nationals to be held on September 9, 2022, at Guntur, Andhra Pradesh.' On the left side of the poster, a young woman in a pink shirt and black pants is shown holding a certificate. At the bottom of the poster, there are three trophies: a silver one with the number '2', a gold one with the number '1', and a bronze one with the number '3'.

September09, 2022



National College (Autonomous)
Nationally Re-accredited at 'A+' Grade by NAAC, College with Potential for Excellence
Truchirappalli - 620 001



Hearty Congratulations

Our I B.A Economics student, Mrs. Dharanya won the gold medal in High jump at 35th junior open state level Championship in Krishnagiri. She will represent Tamilnadu State in the South Zone Junior Nationals to be held on September 9, 2022, at Guntur, Andhra Pradesh.



Augst01, 2022

our special child **Mr. Abhishek** of Second Year B.Sc., Physical Education attended National Coaching Camp at Haryana representing Tamilnadu

Our sincere prayers for his Successful future



May 18, 2022



May 2, 2022

Our college girls have secured fourth place in 4times 400mts Relay at kheloindia games at Bangaluru



January 6, 2022

Our college has emerged as champion in the Bharathidasan University intercollegiate Ball Badminton Tournament. Dr.SrinivasaaRagavan Controller of Examination Bharathidasan University was the chief guest



SPORTS ACHEIVEMENTS - 2021

December 18, 2021

National College won the Championship Trophy in the 39th Bharathidasan University Inter - Collegiate Athletic Meet



NCT
Girls Team
2021 - 22

Our girls have created 4 New meet records
in 4x100mtr, 4x400mtr, 200mtr & 400mtr

December 7, 2021



October 13, 2021



In Delta Athletic meet, organised by Tamilnadu Athletic Association to promote talented youth in the cauvery Delta region, our girls have secured the following medals.

- Kavya - Jevlin Gold, 100mtr - Silver.
- Thejaswini - 1500mtr Gold, 5000 - Silver.
- Shobhana - Long jump Gold
- B. Akshya Shree - 400 & 200 mts Gold
- Swathi - 400mtr Silver

March 4, 2021

We have secured Gold Medal & Silver Medal in Tamilnadu Power Lifting Competition



January 22, 2021

Our first year B.Sc Physical Education student, Mr. Santhosh (standing from your left) has secured the gold medal at the Indo- Nepal Badminton series held at Nepal.

Our first year B.SC PHYSICAL EDUCATION student, Mr. Santhosh (standing from your left) has Represented our country & secured the gold medal at the INDO- NEPAL BADMINTON series held at Nepal.



PG & RESEARCH DEPARTMENT OF
PHYSICAL EDUCATION
AND SPORTS SCIENCES



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March 1, 2020

The National College Cricket Team are the champions at the Allagappa University Cricket Tournament. They won over Syed Ammal College, Cousanal College, Kalasalingam and Alagappa universities. Mr. Niranjan scored 2 half centuries and a century. Mr. Vamsi Krishna took 15 wickets and Mr. Harish helped the team with his timely two half centuries. Secured 10000 cash award & Trophy.



February 29, 2020

Our boys have won 'bronz' in 4 x 100 mts. Relay, at "kheloindia university meet" at bhuvaneswar, orissa.



SPORTS ACHEIVEMENTS - 2019

December 14, 2019

Our college boys and girls have achieved second place in the Bharathidasan University Athletic Meet,2019. Our college secretary k Raghunathan extended his appreciation to all the medallists and participants.



November 30, 2019

Mr. I Mohamed Nazurudeen of I B.Sc Physical Education has secured first place in the 7th All India Level Kung-Fu Tournament, organised by Kungfu Association of Tamil Nadu in the Colour Belt category. He is a special student a rising star of our department.



September 8, 2019

We have secured second place in Trichy District First Division cricket league Tournament



September 6, 2019

National College has won the inter collegiate inter-zonal Tournament by winning over Bishop Heber College, TVK Govt Arts College and AVC College. At the zonal tournaments our team defeated NMC, Kongu College and Jayaram Arts and Science college, comprehensively before the inter- zonal title. Notable performance MrNiranjan has scored Two centuries & Two half centuries & krAbishek, R Rajivscored two half centuries each in this season. Thirumeni took 18 wickets in the tourney..



August 16, 2019

Hearty congratulations to Mr Jayanth Nag on having grabbed the Individual Championship Title and overall second place with Three Gold medals at the Bharathidasan University intercollegiate swimming competition 2019



August 12, 2019

Our college Taekwondo Team has secured the Overall Championship Title in the Tiruchirappalli District Taekwondo Championship 2019 held at Oxford Engineering College, Tiruchirappalli in the Senior Category. The event was organised by Tiruchirappalli District Amateur Taekwondo Association.



January 23, 2019

Shyjin, I BA (Economies) student of our college on being selected for a one month training at AD Alcorcon Academy, Spain. I am hopeful that his achievement will inspire all the footballer of our college and region to hope for greater heights.



January 1, 2019

Our DCP Shri .Myilvaganan is a true inspiration to all budding youngsters. DCP bagged Silver in the 100 mts dash & Bronze Medal in the 200 mts dash at the open state Athletic meet held at Tanjore.



SPORTS ACHEIVEMENTS - 2018

November 29, 2018

Our boys participated in All India inter-university athletic championship representing Bharathidasan University, held at Mangalore University from 24.11.18 to 28.11.18 . In this championship, our boy S.Veeramani secured third place in high jump 2.08 m (men)and J.Vikkash& Annand secured third place in 4x100 m relay (men). I wholeheartedly congratulate those students for their strenuous efforts and wonderful performance in the meet and they deserve all appreciations as they really brought laurels to our institution.



October 26, 2018

Women athletes of National College have retained their overall championship title at the 37th Bharathidasan University Athletic Meet. They were presented with the trophy by the honourable Registrar of Bharathidasan University. Men Athletes were the overall 1st Runners-up. Six of our athletes have set new meet records. I sincerely thank the management, colleagues, coaches and students for their continuous support and cooperation.



September 26, 2018

Ms.A. Chandralekha is the fastest woman in India. The I Year M.Sc yoga student of National College has completed the 100mt dash in 11.4 seconds at the 58th National Athletic Championship held in Bhuvaneshwar. She outmatched the defending champion Ms. Archana emphatically and has sent across the message that she is the latest force in the field. She was patient, persistent and finally made it perfect.



September 10, 2018

Our college cricket Team secured second place in Bharathidasan university intercollegiate cricket Tournament



March 14, 2018

Anna University won the TDCA inter college Women's Tournament by comprehensively defeating National College in the finals today. Mr Ravi Murrugaiah, Chairman, Vasan Estates, presented the trophies to the teams by gracing the occasion as the chief guest. TDCA thanks all who were actively involved in putting up this tournament and all who supported us in this cause and look forward to developing talented girl cricketers from our city soon.



February 11, 2018 .

At the Alagappa University College of Physical Education inter-collegiate cricket tournament held today at Karaikudi, our college cricket team won the winners cup and a cash prize of Rs. 10,000/-, wherein 24 colleges participated. Sri. Vinodh of III.B.Sc., Physical Education was the man of the match.



SPORTS ACHEIVEMENTS - 2017

October 22, 2017

Our college Soccer Team has secured First place & cash award in the Dr MGR Centenary Tournament which was organized by Sports Development Authority of Tamilnadu.



October 15, 2017

Miss vedha and Miss veni..of our Department, on their well-deserved Gold Medal secured at Dr MGR 100th year celebration organised by Sports Authority of Tamil Nadu.



September 27, 2017

Miss Chandralekha of Third BA English has secured silver medal in 100 mts dash at 57th Senior open Nationals. her timing was 11.92. We wish her to seal the gold medals in upcoming events.



August 24, 2017

National college emerged as the Champions of Belmont T 20 Trophy with a cash award of Rs 25000



August 19, 2017

Physical education course student ms.c.veni (to my right) won the bronzmedel in the junior girls - under 55 kg. category at the kyorugi championships conducted by the 30th tamilnadu state takewondo association at porur, kancheepuram district, from 13th to 15th august,2017.



July 29, 2017

Our team reached the finals in the.TDCA....cricket League tournament to play against JJ college of Engg. we have won the Toss and elected to bat & put 156 on the score board.Match at the final stage went down to the wire .I am really proud of my boys for the way they stood against a

formidable opponent and put up a great fight. .Unfortunately we didn't win but we have restricted them to 157 for 9 wickets. Same thing happened last year too . But this match, taught very good lesson to all of us. It is that 'Winning or losing doesn't matter how you faught does matters'.we won the Runners up TITIEFor the season 2016 /2017



July 7, 2017

Student sri.t.santhoshkumar, is selected to represent our country in 400.m.hurdles at the 22nd asian athletic championship being held at bhuvaneswar.



June 16, 2017

Rajesh & Guru Jawahar, Secured Silver Medal in FOUR TIMES 100 mts relay at the 15th Federation Cup Junior Athletic Championship held at Lucknow



